

Referral FAQ

- 1. What is required for a complete referral to CMC's pulmonary rehabilitation program?
 - Physician referral / Physician clearance form
 - Pulmonary Diagnosis
 - Most recent H&P and other pertinent medical information
 - Recent EKG within 6 months
 - Recent PFT within 2 years
- 2. Where can I find the Physician clearance form to sign?

 Now available on our website Pulmonary Fitness at CMC, please sign and fax to 603-665-2449. Or you can call us at 603-665-2545 and we will facilitate. Make sure to check the last two boxes for cardiac clearance.

(EXAMPLE ONLY)

	☐ The patient has been evaluated and in my opinion does not need further cardiac stress testing prior to participating in the Pulmonary Fitness Program.					
	☐ Upon completion of the Pulmonary Fitness Program, I find no contraindications to this individual participating in the Community Phase Exercise Program of the Department of Cardiovascular Wellness, including a progressive light weight resistance program of 1-10 lb handheld weights and elastic bands.					
-	Physician Signature	Date	Time			
	Physician Name (print)		R	ev 03/2021		